

SIERRA VIEW ELEMENTARY SCHOOL
HEALTH OFFICE

Phone: (530) 891-3118

Fax: (530) 891-3186

Dear Parents,

On behalf of your Health Office, we would like to take this opportunity to discuss with you health office expectations and offer our assistance to you and your child.

1. **IMMUNIZATIONS**: All immunizations must be complete for students to start school.
2. **ORAL HEALTH ASSESSMENT**: California law now requires that your child have an oral health assessment by May 31 in Kindergarten or first grade, whichever is his or her first year of public school. Oral health assessments that have happened within the 12 months before your child enters school also meet this requirement.
3. **If your child has a fever** or is sent home with a fever, has diarrhea or has vomited, please keep them home for 24 hours or until they are symptom free without medication.
4. If you as parents will be out of town for a length of time please notify us in writing who will be responsible for your child in case of illness or emergency. This should include whose home they will be staying-*include phone numbers*.
5. It is required to keep your student's Emergency Card current at all times. Any changes please notify the Health Office/Attendance at once.
6. **MEDICATION**: CUSD requires that a Medication Form (HS-11a) signed by both parents and physician be on file in our Health Office for **any medication use at school either prescription, and/or over the counter preparation**. All medications are to be in their original container and clearly labeled with your student's name. Please stop by our health office if you need this form. *****Medication services at school will begin once all paperwork is completed.**
7. If your child is diagnosed with a specific illness, i.e. diabetes, epilepsy, etc. you must contact our Health Office the first day of school. This will ensure communications that are necessary for your child to be fully prepared to deal with their medical condition here at school.

Currently, the School Nurse is available once a week (all day) and the Health Aide Monday through Friday. Never hesitate to call the Health Office if you feel there is a problem with your child's adjustment to school.

Some clues that indicate a student may be experiencing problems with adjustments at school are:

- a) Frequent complaints of "not feeling well".
- b) Frequent school absences/or visits to the health office.
- c) Unusual change of behavior.

We want your student's experience to be positive and hope this information will be of assistance to you.

Sincerely,

Lori Gillaspie
Health Aide, Sierra View Elementary

(Kindergarten Registration)